

Prior to participating in any courses or classes with us you will be asked to complete our contact information online and to read and sign our terms and conditions, as detailed below.

Contact information required online:

- Name
- Address
- Telephone number
- Email address
- Date of birth
- Medical history emergency
- Contact name/telephone number

Code of Conduct:

You must adhere to the following rules at all times;

General Rules

- Only to proceed on the apparatus when under the supervision of an instructor
- To follow the instructions given
- Not to damage or miss-handle any equipment
- Aggression physically or verbally will not be tolerated
- Any defected equipment or hazards found within the class environment must be reported to the instructor
- Not to progress to a height or movement beyond which has been taught to you
- To report to the instructor any incidents or injuries occurred within the lesson
- To inform the instructor of any current/past injuries and medical conditions. Some condition/injuries may restrict you from participation
- Class booked on a first come first served basis
- Classes/courses must be paid for in full prior to the session in order to guarantee your space
- It is the student's responsibility to arrive at the venue in time for the warm up. For safety reasons, students will not be allowed on the apparatus without completing the required warm up (this is not optional).

Self-practice sessions

- Self-practice sessions are times when students can practice skills learnt during courses taken with Aerial Southampton within that set discipline.
- We cannot allow students to teach other students on new apparatus. Students must attend lessons with an experienced instructor from Aerial Southampton to ensure the relevant fundamental skills have been taught correctly before they can use any piece of equipment within this session.

Cancellations/Missed sessions

- Cancellations are only permitted in exceptional circumstances. Please contact us.
- Refunds will only be offered if Aerial Southampton has cancelled a class and no appropriate replacement can be found
- No refunds can be given for any **missed sessions**
- If you know of any sessions you will miss due to holidays etc. please remember to let us know 24 hours in advance so we can try to arrange a catch up session for you within that same term. Unfortunately we cannot guarantee catch up sessions however we will do our best to try.
- Missed sessions cannot be transferred to another course or self-practice sessions.

Media – Photos & Video footage

- The Aerial Southampton team may take photos and video footage throughout classes for use of advertising purposes, please inform the instructor if you do not wish to be included within any shots
- The Quays please feel free to take photos and video footage of yourself however please make sure that other students are happy to be in the background
- Chamberlayne Leisure centre As we share the space with a separate gymnastics club all photos/video footage of yourself must be taken facing away from the gymnastics club, we ask that you respect their privacy and adhere to this rule at all times.
- Please do not video the instructors teaching/demonstrating aerial class content

I acknowledge that my participation in aerial arts training and structured classes entails known and unanticipated risks that could result in serious injury, damage to myself, to property, or to third parties. By accepting our terms and conditions I have acknowledged the risks involved and indemnify any instructors against any injuries you may incur whilst participating in these activities.

Name Date
